



ATHLETICS WAVERLEY

WOMENS 50 - 54			
Event	Name	Time/Distance	Date
60m	C Bridle	9.08	21/3/08 Blacktown
100m	L Buttigieg	14.32	14/10/16 i/c
200m	C Bridle	29.72	24/3/08 Blacktown
400m	C Bridle	68.48	16/2/08 Doncaster
800m	C Bridle	2.59.24	13/1/08 Doncaster
1500m	J Marston	6.10.0	9/12/16 i/c
3000m	J Marston	13.09.7	22/11/15 Doncaster
5000m	J Marston	23.01.12	7/10/16 i/c
10,000m	J Marston	46.06	17/7/16 Albert Pk
Half marathon	J Marston	1.04.03	4/9/16 Burnley
Marathon	J Marston	3.59.32	16/10/16 Melbourne
2000m steeple (76cm)	J Marston	8.41.57	28/10/16 i/c
3000m steeple			
1500m walk			
2000m walk	J Marston	13.30.48	20/1/17 i/c
3000m walk	J Marston	19.42.23	14/12/16 i/c
5000m walk			
10km walk			
20km walk			
30km walk			
50km walk			
80m hurdles (76.2cm)	C Bridle	15.00	28/3/09 Box Hill
300m hurdles (76.2cm)	C Bridle	55.26	22/3/08 Blacktown
400m hurdles (76.2cm)	C Bridle	85.21	11/2/12 Albert Park
Long jump	C Bridle	4.18m	17/1/09 Frankston
Triple jump	C Bridle	8.99m	29/3/09 Box Hill
High jump	C Bridle	1.35m	28/3/09 Box Hill, 8/12/11 Mentone
Pole vault	L Buttigieg	2.90m	20/3/16 Donc. & 2016 World Masters
Javelin	C Bridle	23.14m (600g)	1/3/09 Olympic Park
	L Buttigieg	25.93 (500g)	6/10/17 Nunawading
Discus	L Buttigieg	24.67m (1kg)	20/1/17 i/c
Shot put	L Buttigieg	9.41m (3kg)	14/11/15 Nuna & 13/1/17 Frankston
	C Bridle	7.64m (4kg)	27/10/07 Knox
Hammer	L Buttigieg	46.08m (3kg)	World Masters Perth Oct 2016
	C Bridle	29.01m (4kg)	8/1/11 Frankston
Pentathlon	C Bridle	3221 pts	15/3/09 Duncan McKinnon
Heptathlon	C Bridle	4619 pts	13/1/08 Doncaster
Weight throw	L Buttigieg	12.16m (7.26kg)	20/3/16 Doncaster
Throws pentathlon	C Bridle	2846 pts	2/3/08 Duncan McKinnon
100 yards			
One mile			
One hour run	J Marston	12,333m	28/8/16 Waverley
One minute run			



ATHLETICS WAVERLEY

WOMENS 55 - 59			
Event	Name	Time/Distance	Date
60m	C Bridle	9.57	29/3/13 Canberra
100m	C Bridle	15.12	19/10/13 Nunawading
	C Bridle	14.53(h)	3/3/13 Duncan McKinnon
200m	C Bridle	32.11	2/11/13 Ringwood
400m	C Bridle	75.04	16/2/13 Albert Park
800m	C Bridle	3.10.6	6/1/13 Bendigo
1500m			
3000m			
5000m			
10,000m			
Half marathon			
Marathon			
2000m steeple			
3000m steeple			
1500m walk			
2000m walk	J Molnar	15.29.96	9/12/16 i/c
3000m walk	J Molnar	23.37.73	14/10/16 i/c
5000m walk			
10km walk			
20km walk			
30km walk			
50km walk			
80m hurdles (76.2cm)	C Bridle	18.19(h)	6/10/12 Collingwood
	C Bridle	18.20(e)	30/3/13 Canberra
300m hurdles (76.2cm)	C Bridle	63.52	14/11/15 Nunawading
Long jump	C Bridle	3.96m	29/3/13 Canberra
Triple jump	C Bridle	8.36m	30/11/13 Albert Park
High jump	C Bridle	1.31m	5/1/13 Bendigo
Pole vault			
Javelin	C Bridle	22.04m (500g)	10/10/15 Nunawading
Discus	C Bridle	19.20m	14/12/13 Nunawading
Shot put	C Bridle	8.42m (3kg)	20/03/2016
Hammer	C Bridle	32.03m	30/11/13 Albert Pk
Pentathlon	C Bridle	3088 pts	3/3/13 Duncan McKinnon
Heptathlon	C Bridle	4248 pts	6/1/13 Bendigo
Weight throw	C Bridle	10.15m (7.26kg)	24/3/13 Duncan McKinnon
Throws pentathlon	C Bridle	2868 pts	24/3/13 Duncan McKinnon
100 yards			
One mile			
One hour run			
One minute run	C Bridle	328m	29/9/13 Waverley