



ATHLETICS WAVERLEY

WOMENS 60 - 64			
Event	Name	Time/Distance	Date
100m	K Heagney	14.8	Aus Masters 2013
200m	K Heagney	30.01	Aus Masters 2013
400m	K Heagney	69.46	Aus Masters 2013
800m			
1500m			
3000m			
5000m			
10,000m			
Half marathon			
Marathon			
2000m steeple			
3000m steeple			
1500m walk			
2000m walk			
3000m walk			
5000m walk			
10km walk			
20km walk			
30km walk			
50km walk			
80m hurdles (76.2cm)	C Bridle	19.90	9/12/17 Casey
300m hurdles (76.2cm)			
Long jump	C Bridle	3.37m	6/10/17 Nunawading
Triple jump	C Bridle	7.67m	27/10/17 Knox
High jump	C Bridle	1.15m	27/10/17 Knox
Pole vault			
Javelin (500g)	C Bridle	18.04m	20/10/17 Nunawading
Discus (3kg)	C Bridle	29.48m	13/10/17 Frankston
Shot put (3kg)	C Bridle	7.96m	27/10/17 Knox
Hammer			
Pentathlon			
Heptathlon			
100 yards			
One mile			
One hour run			
One minute run			



ATHLETICS WAVERLEY

WOMENS 65 - 69			
Event	Name	Time/Distance	Date
100m			
200m			
400m			
800m			
1500m			
3000m			
5000m			
10,000m			
Half marathon			
Marathon			
2000m steeple			
3000m steeple			
1500m walk			
2000m walk			
3000m walk			
5000m walk			
10km walk			
20km walk			
30km walk			
50km walk			
80m hurdles (76.2cm)			
300m hurdles (76.2cm)			
Long jump			
Triple jump			
High jump			
Pole vault			
Javelin			
Discus			
Shot put			
Hammer			
Pentathlon			
Heptathlon			
100 yards			
One mile			
One hour run			
One minute run			